- ◎应该,靠谱,对
- 第一反应: should, ought to
- Be encouraged to
- It is right/reasonable/justified for ...to...
- 我们应该去环球雅思学雅思,因为那里的老师更棒!
- It is justified for us to take IELTS training in Global Education because you can find better teachers there!

- ◎ 对...有好处,有利于...,有益,有助于
- 第一反应: be good for, benefit/bring benefits to/be beneficial to
- Be helpful for, be necessary for, be of great importance to
- be of considerable significance to, play a vital role in
- • is a rewarding process, by which we are able to • • •

- 造个句子: 体育锻炼对身体有好处。
- Exercise is good for body.
- Doing exercise can benefit our health.
- Doing exercise is beneficial to our health.
- Doing sports is of considerable significance to our health.

- Doing sports plays a vital role in people's physical and mental fitness.
- Participation in sporting activities is a rewarding process, by which we are able to stay away from various medical complaints.

◎能,让,会让,能够,使得,能让

- 第一反应: can, let, could, make
- Enable…to…, allow…to…
- Provide opportunities for …to…
- Make it possible for ... to ...