

What meanings does birthday have to the elderly people?

It is pretty meaningful. To them, every birthday means they experience more, they know more about life, they become more chilled about death and they really cherish the time when they spend with their family and friends.

Which way do you prefer to celebrate your birthday with, family members or friends?

Before, I enjoyed hanging out with my buddies to celebrate my birthdays; but I now love spending birthdays with my family. I think it is great quality time and family bonding time. And it offers me a perfect opportunity to say “thank you for bringing me into this beautiful world!” to my mom.

Do you consider the price a lot when you select gifts for others?

Definitely yes. I am not loaded, so some fancy luxuries are out of my price range. I think selecting gifts for others is not all about the price, it is more about the sentimental value. And it is something that can't be measured in terms of money.

**When was the last time you sent
or received gifts?**

It was my last birthday. I received quite a few birthday gifts from my family and friends.

What was your most unforgettable birthday?

It is pretty tough to particularly say one unforgettable birthday. I think every birthday I spent was memorable and unique. It recorded different stages of my life. I remember them all like it was yesterday.

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